



BOUNCE BLACKBURN TERM 3, 2022 INFORMATION

We are currently getting ready for Term 3 Clinical Pilates classes. Term 3 will commence on Monday 11th July 2022 and will run for 10 weeks, finishing on Saturday 17th September 2022.

CLASS DESCRIPTIONS:

SEMI-PRIVATE: A program of exercise-based interventions specific to the patient, with exercises addressing a current health problem or goal. A maximum of 6 participants per class programs are designed for all levels, first timers to advanced. Classes utilize the latest equipment including trapeze table, reformers, wunda chairs, small apparatus and mat.

COST FEE STRUCTURE:

\$39.00 per class (9-week term \$351.00, 8-week term \$312.00)

**Payment is required upfront for the whole term*

If you are aware of any dates you will be missing throughout the term, please let reception know at the time of making payment so the term price can be adjusted. After this time a medical certificate is required to credit/refund any missed classes. Medical certificates are required to be emailed to info@bouncehealth.com.au within 3 days of your missed class due to illness to receive credit or refunds. Holiday/function resulting in non-attendance without pre term notification will result in fees being applicable similar to a gym membership, credit will not be applied. Thank you for your understanding.

PRE-PILATES ASSESSMENT:

A full assessment before you begin our classes with one of our experienced Physiotherapists is required to ensure we can structure the best program for you. An individual consultation is approximately 40 minutes, at a cost of \$96.00 and can be claimed with private health extras cover.

Private Health Code: 500 – Physiotherapy Assessment.

TERMS & CONDITIONS:

- 1: **PAYMENT:** Full Payment is due when you rebook or book in for the first time. If you are aware of any dates that you will miss during the term at the time of securing your position, we will deduct these from your total.
- 2: **MAKE UP CLASSES:** There will be **no makeup classes**. As we are unable accommodate these requests.
- 3: **SWAPPING OF CLASSES:** There will be **no swapping** of classes during the term.
- 4: **WITHDRAWING:** If you decide to withdraw from the class once the term has begun, **there will be no refund**, as we are unlikely to find a replacement for you at that stage. The exception to this rule would be the presentation of a doctor's certificate to advise that you are unfit to continue.
- 5: **ITEMISED RECEIPTS:** Itemised receipts are emailed at the end of term, please ensure reception have your current email address on file.

Classes run by Physiotherapists are coded 561 - **Please see timetable on the next pages**





BOUNCE BLACKBURN TERM 3, 2022
TIMETABLE

TERM 3 DATES

Commencing Monday 11th July
Finishing Saturday 17th September

MONDAY	(7 weeks)		
5:30pm	Ben	Semi-Private	Blackburn
MONDAY	(7 weeks)		
6.20pm	Dominic	Semi-Private	Blackburn
MONDAY	(7 weeks)		
7.10pm	Dominic	Semi-Private	Blackburn
TUESDAY	(9 weeks)		
11.45am	Rosie	Semi-Private	Blackburn
TUESDAY	(9 weeks)		
12:30pm	Rosie	Semi-Private	Blackburn
TUESDAY	(9 weeks)		
5:00pm	Sherrie	Semi-Private	Blackburn
TUESDAY	(9 weeks)		
6.30pm	Ben	Semi-Private	Blackburn
TUESDAY	(10 weeks)		
7.15pm	Ben	Semi-Private	Blackburn

WEDNESDAY	(10 weeks)		
5:45pm	Tim	Semi-Private	Blackburn
WEDNESDAY	(10 weeks)		
6:30pm	Tim	Semi-Private	Blackburn
WEDNESDAY	(10 weeks)		
7:15pm	Tim	Semi-Private	Blackburn
THURSDAY	(10 weeks)		
5:15pm	Jesse	Semi-Private	Blackburn
THURSDAY	(10 weeks)		
6:00pm	Kara	Semi-Private	Blackburn
THURSDAY	(10 weeks)		
6:45pm	Kara	Semi-Private	Blackburn
SATURDAY	(10 weeks)		
8:00am	Dominic	Semi-Private	Blackburn
SATURDAY	(10 weeks)		
8.45am	Dominic	Semi-Private	Blackburn
SATURDAY	(10 weeks)		
9:30am	Dominic	Semi-Private	Blackburn

If you have any enquiries, please feel free to contact reception on 1300 855 442