

BLACKBURN

BALANCE & STRENGTH SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday
11am - 12pm Hernan Pavez Zapata (Physio)	9am - 10am Matt Bailey (Exercise Physiologist)	9am - 10am Molli Unusu (Exercise Physiologist)	10am - 11am Matt Bailey (Exercise Physiologist)	9:30 - 10:30 Molli Unusu (Exercise Physiologist)
3pm - 4pm Molli Unusu (Exercise Physiologist)	10am - 11am Matt Bailey (Exercise Physiologist)	10am - 11am Molli Unusu (Exercise Physiologist)	10am - 11am Matt Bailey (Exercise Physiologist)	10:30 - 11:30 Molli Unusu (Exercise Physiologist)
	2:30 - 3:30pm Molli Unusu (Exercise Physiologist)			11:30 - 12:30 Molli Unusu (Exercise Physiologist)

Please contact us on 1300 855 442 to enquire about joining a class as some classes may be at capacity